

## Devotional: I Have Strength For All Things

### Christian Devotion on God's Strength

*"...I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency]..." - Philippians 4:13 (AMPC)*

God strengthens us! It's His empowerment within that causes us to rise above and overcome the obstacles. But so often it doesn't feel that way. So often we feel we're running on empty and simply don't have the strength to carry on. It's in times like these we need re-charging. Sometimes it's impossible to get away from it all, but we can maybe prioritise things and simplify.

I know it sounds like a cracked record, but spending time in God's word does refresh us. Even if it's just 5-10 mins a day with a daily devotional, it does make a difference. Speaking out scriptures like these gives us a real spiritual energy boost. We may not have much human strength, but God can infuse us with His strength. We can say that we are self-sufficient in Christ's sufficiency.

Christ empowers us to live for Him  
By infusing His strength within.

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