

Devotional: Moving Onto Solids

Christian Devotion on moving on from milk to solids

But solid food is for the [spiritually] mature, whose senses are trained by practice to distinguish between what is morally good and what is evil. - Hebrews 5:14 (AMP)

There comes a point in our Christian walk where we need to move on from the elementary teachings and dive into the 'meat' of God's Word—to really sink our teeth into the solid food of the gospel and chew on it for a while! We need to seriously consider moving on from only having 'milk' to chewing on 'solids'. We simply cannot stay babies in the faith forever—we need to, well, grow up!

In a baby's life, solid food gets introduced little by little so they can get used to the thicker consistency and be able to digest it properly. That is how it is in our walk with the Lord. We need to receive small portions to chew and digest well before we move on, progressing little by little from there. But we also need to be mindful of this: we can't move onto solids until we are well grounded in the elementary teachings of Christ and have a firm foundation to build upon.

Any parent knows that it's not healthy for a baby to remain on milk, as it doesn't offer all the nutrients the baby needs to develop and grow stronger—because as the baby grows, their nutritional needs change. They need the nutrients of a healthy balanced diet to develop. If the baby continues with milk only, they will end up being malnourished—so it is with a Christian. In order to grow and develop, we need to move on from milk to solids, getting all the nutrients we need to be a healthy, faith-filled Christian.

© By M.S.Lowndes

Additional Scriptures: [1 Corinthians 3:1-3\(AMP\)](#); [1 Peter 2:2\(AMP\)](#); [Ephesians 4:12-16\(AMP\)](#); [1 John 2:27\(AMP\)](#); [1 Corinthians 2:14-15\(AMP\)](#); [Hebrews 6:1\(AMP\)](#); [1 Corinthians 13:11\(AMP\)](#); [Psalm 92:12-14\(AMP\)](#)

Christian Devotional: [Growing Up in the Faith](#)

Christian Poem: [To Be Like Christ](#)

By using this devotional, you signify that you have read & agreed to my 'Terms Of Use'.
<https://www.heavensinspirations.com/terms-of-use.html>