Devotional: Take Every Thought Captive

Christian Devotion about giving our thoughts over to God

"...For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds, [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One)..." - 2 Corinthians 10:4-5 (AMPC)

I went through a time a while ago wondering how to actively take every thought captive into the obedience of Christ. It's all well and good to quote all these scriptures–but to actively apply it is where the rubber meets the road.

Every thought that is not wholesome, or is proud, or not in line with God's word and purposes, or negative thinking, we need to "lead away captive into the obedience of Christ." In other words, it needs to come under the Lordship of Christ. I was wondering about this especially in the area of negative thinking. What I discovered that helped me was, reading and speaking out God's word, singing and listening to praise and worship music and speaking out the name of Jesus. As we focus more on God, we will find these wrong thoughts will soon decrease because we're realigning our thinking. We have to actively stop ourselves dwelling on it and to fill our minds with Godly things. These are the weapons of our warfare and by doing these things, we will pull down the strongholds in our thought lives.

To tear down strongholds in our lives,
We need to take every thought captive to Christ.

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Devotional: As The Spirit Increases, The Flesh Decreases
Christian Poem: Let Our Thoughts Be Of Our Lord
Positive Confessions | Who I Am In God