

Devotional: The Peace Of God

Christian Women's Devotion on God's Peace

Read: Philippians 4:6-9 (NKJV)

God instructs us to give over all our worries, hurts and concerns and with thanksgiving for who He is and for all He does in our lives, we can tell God everything that is on our hearts and all that worries our minds. It's not that He doesn't already know what worries us, but He wants us to share our concerns with Him—to unburden our hearts in sweet communion with Him.

When we truly understand this promise and live it out, the heaviness of fear, worry and offence that grips our hearts is lifted—because no matter what life throws at us, we really can experience God's reassuring peace. Even when we feel completely stressed and frantic, if we continually give our cares over to our loving Heavenly Father and thank Him for His love, protection and provision, we can know His amazing peace that transcends all understanding.

Remember, when you go through anxious times of uncertainty, resist dwelling on it and worrying about it, give it over, and keep giving it over, every time it comes into your mind, then God's peace will flood your heart.

Cast your burden on the Lord [release it] and He will sustain and uphold you; He will never allow the righteous to be shaken (slip, fall, fail). - Psalm 55:22 (AMPC)

Lord, I give you all my cares
And offences that I hold,
For then your reassuring peace
Will calm my restless soul

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Additional Scriptures: John 14:27 (AMP); Psalm 4:8 (AMP); Isaiah 26:3 (AMP); John 16:33 (AMP)

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