

## Devotional: What Are You Focused On?

### Christian Devotion on Focusing on God's Truth

Read: Matthew 14:22-33 (NKJV)

*He said, "Come!" So Peter got out of the boat, and walked on the water and came toward Jesus. But when he saw [the effects of] the wind, he was frightened, and he began to sink, and he cried out, "Lord, save me!" (v.29-30 AMP)*

So often, we seem to focus on all that's wrong with us—our issues and struggles—that we fail to believe (or even know of) God's power in the midst of those struggles. We may even quote scriptures about God's truth and power, but still walk away exactly the same. Why? Because we don't dare to believe what God says or take Him at His word.

If we have weaknesses (which we all do), why are we so fixated on them? We speak them over ourselves as if they are part of our identity, we continually confess them to others for prayer, yet we don't believe that God's strength shows itself most effective in our weaknesses. We focus on the 'weakness' rather than 'God's strength', which is perfected in our weakness and results in us being empowered in that moment of weakness. If we feel defeated in any area of our lives, we focus on the 'defeat' or 'failure' rather than God's victory over it.

Can you see that our focus needs to change? When Peter stepped out of the boat and walked on water, what was his focus on? He was focused on Jesus. It was only when his focus shifted to his circumstances that he began to be overcome by it.

We continue living in our weakness, defeat, failure, hopelessness, fear, condemnation, bondage, despair and even sin, because of what we focus on—it becomes our reality! If we don't want to live this way anymore, then we need to choose 'daily' to shift our focus.

We need to focus on:

- His strength instead of our weakness.
- His victory instead of defeat.
- His hope instead of depression.
- His love instead of fear.
- His peace instead of anxiety.
- His forgiveness instead of condemnation.
- His freedom instead of bondage.

- His joy instead of despair.
- His provision instead of our lack.
- His righteousness instead of sin.

Will you dare to believe the truth of God's Word? Will you dare to take God at His Word? Then it's time to rise up and stand on God's Word, declaring His truth over your life—realigning your thinking to what His Word actually says. Refuse to believe the lies that keep you living from a place of weakness—because that's not living life in abundance!

*Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart]. - Philippians 4:8 (AMP)*

I pray my weakness reveals your strength  
As I set my mind on you,  
And focus on your promises, Lord,  
And what you say is truth.

© By M.S.Lowndes

Additional Scriptures: [Hebrews 12:2\(AMP\)](#); [Proverbs 4:25\(AMP\)](#); [Colossians 3:2\(AMP\)](#); [Psalm 27:13\(AMP\)](#); [2 Corinthians 10:5\(AMP\)](#); [2 Corinthians 12:9\(AMP\)](#)

Devotionals: [Think On These Things](#) | [Take Every Thought Captive](#) | [God's Strength in Our Weakness](#)

By using this devotional, you signify that you have read & agreed to my 'Terms Of Use'.  
<https://www.heavensinspirations.com/terms-of-use.html>